

## UNIT 10: HEALTH AND PERSONAL HYGIENE

### I. MULTIPLE CHOICE

1. Hoa's parents are very busy at ...(the harvest/ the harvest time / harvest time / a&c)
2. I always do morning exercises ..... 20 minutes. (during/ in/ within/ for)
3. Nga lives with her parents but she washes her ..... clothes. (the/ own/ personal/ every)
4. I ..... how you feel but don't worry. (know/ understand/ sees/ feel)
5. Oh, my tooth .....! (is hurting/ hurts me/ makes me painful/ hurts)
6. Don't forget ..... your teeth before going to bed. (brushing/ to brush/ not to brush/ about brushing)
7. The cavity in my mouth was small and wasn't ..... (different / serious/ colorful/ severe)
8. Do you often help your parents ..... the housework? (with/ about/ for/ at)
9. Don't forget to wash your ..... before meals. (feet/ face/ teeth/ hands)
10. .... to brush your teeth every day.  
(It's an important fact/ It's a very important thing/ It's important/ That's important)
11. My aunt tells us a lot ..... you. (about/ of/ for/ to)
12. The dentist ..... a cavity in my mouth. (made/ filled/ stopped/ covered)
13. Most children feel ..... when they come to see the dentist. (upset/ sad/ happy/ scared)
14. Did you watch the football match on TV .....?  
(last morning/ the morning yesterday/ in the morning yesterday/ yesterday morning)
15. After taking some aspirins, you are ..... (good / well / tiring / goodly)
16. We are working ..... on the farm. (hardly / hard / hardness / hardful)
17. She ..... a letter from her aunt last week. (receiving / received / receives / is receiving)
18. You ..... morning exercises now. (took / take / taking / are taking)
19. She is happy ..... you do now. (hearing / hear / to hear / hears)
20. You must remember ..... your own clothes.  
(wash and iron / to wash and to iron / to wash and iron / to wash and ironing)
21. Don't eat ..... candy. It's not good for you teeth. (much too / too much / too many / very much)
22. My mother told me .....about my problem. (shouldn't worry / not to worry / don't worry / not worry)
23. I ..... a toothache. It's very serious. (take / have / get / catch)
24. She smiles ..... Minh. (with / at / about / to)
25. She finishes ..... 10 minutes. (less than in / in less than / in than less / than less in)
26. Minh looks ..... (worried / worry / worrying / worries)
27. You try ..... forget to go home after school. (don't / not / not to / to not)
28. .... your teeth is very important. (Brush / Brushing / To brush / Not brushing)
29. Clean teeth ..... healthy teeth. (is / are / must / were)
30. It stopped ..... afterwards. I am well now. (to hurt / hurts / hurting / hurt)

### II. SUPPLY THE CORRECT TENSE OR FORM OF THE VERBS IN EACH SENTENCE

1. Are you interested in.....with your friends in your free time?(chat)
2. Tuan.....English every day.(learn)
3. Mary.....a piano at present.(not play)
4. ....you.....the movie on TV last night?(see)
5. No.I .....a headache yesterday and I.....to bed early.(have/go)
6. I .....38 kilos last year, but this year I.....43 kilos.(be/be)
7. We decided.....camping in Dong Nai.(go)
8. Be quiet! The teacher.....at you.(look)
9. What about.....to Cat Ba Island by boat?(travel)
10. I.....a lot of fruit and vegetables yesterday.(eat)
11. I need.....your temperature.(take)

12. The doctor .....you in a few minutes.(see)
13. The doctor .....she had a virus.(say)
14. Yesterday, Hoa .....in her medical record and .....it to the nurse.(fill/give)
15. Sometimes I forget.....my teeth.(brush)

### III. Word forms

1. He was sick. He had ..... (head)
2. I have a bad cold. I feel ..... (pleasant)
3. What is the ..... of this house? (old)
4. Mrs Loan is very ..... to the community. She often gives aid for the disabled. (help)
5. The teacher emphasized the ..... of learning English. (important)
6. Let's try to eat ..... to avoid illness.( health)
7. It's ..... to see you! (wonder)
8. Most children feel ..... (scare) when they go to see a dentist.
9. She always helps her mother with the housework. She is very ..... (help)
10. The Robinsons live next door to my apartment. They are my good ..... (neighborhood)
11. My father is a ..... (dress) and my aunt is a very good ..... (hair)  
She is learning how to use a ..... machine now. (sew)

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